Job Title: Women's Rugby Physiotherapist

Unit/School: Cardiff Met Sport

Grade: 5A/B

Core purpose of role

The role will have the responsibility for the development and delivery of medical services to the Women's BUCS Super Rugby (WBSR) and the Welsh Rugby Union Player Development Centre (WRU PDC). Working within the Women's rugby programme, the role will also work closely with the men's rugby physio and wider Performance Services Team and Head of Performances to collaborate, access and support CPD and develop the provision.

Key responsibilities and contributions

1. Act as a primary medical liaison with the Head Coach, assistant coach, Head of Physiotherapy and Head of Performance Services to understand and meet the needs of the WBSR programme.
2. Act as the primary medical liaison with the PDC East Lead, PDC coaches, WRU pathway staff to understand and meet the needs of the WRU PDC programme.
3. Responsible for the planning and administration of a robust physio provision for the Cardiff Met Women's performance programme.
4. Lead the delivery of a detailed physiotherapy provision for the Women's performance Team and PDC, utilising the wider MDT, academic staff, and the student workforce to supplement the delivery of services.
5. Work closely with Head Coach, colleges, professional clubs and NGB's to align the support and management of contracted athletes to enable a high-performance university sport environment.
6. Ensure all performance programme players have access to a structured concussion management protocol and identify opportunities for a suitable concussion management provision across the wider rugby club.
7. Deliver structured return to play (RTP) processes and concussion protocols aligned to RFU and WRU guidance and identify opportunities for a suitable provision for wider club members.
8. Ensure a proactive, robust and collaborative approach to physical preparation programming and clinic-based delivery throughout the season.

9. Provide contact training session medical cover for all full-contact training sessions alongside matchday pitch side support to home and away WBSR and PDC national age group fixtures.
10. Provide regular digital reports to the Head Coach and Head of Performance Services to aid in programming, planning, team selection and squad-based decision making.
11. Coordinate and support the supervision of placement and internship students.
12. Comply with all clinical governance processes and codes of conduct, completing associated duties for the British Universities & Colleges Sport (BUCS), CSP, and HCPC minimum operating standards, including the audit and review process for all relevant areas.

Person specification

Essential qualifications / Professional memberships

1. A degree in physiotherapy.
2. Member of the Chartered Society of Physiotherapy.
3. Health Professions Council (HPC) registered.
4. PHICIS 2 pitch side trauma qualification (or approved by Royal College of Surgeons Edinburgh endorsed immediate care certificate).

Essential experience, knowledge and skills

1. Experience of working as a physiotherapist within a rugby environment.
2. Experience of pitch side physio support, particularly in a rugby setting.
3. Experience of assessing and treating musculoskeletal conditions and sports injuries.
4. Experience of using diagnostic equipment and athlete programming and monitoring systems (VALD, Gymaware, TrainMyAthlete etc).
5. Ability to develop and maintain positive relationships with athletes, staff and stakeholders.
6. Excellent written and verbal communication skills.
7. Excellent problem solving and decision-making skills.
8. Demonstratable commitment to CPD.
9. Ability to work as a team and independently.
10. Commitment to working in a flexible approach and an understanding of the working

hours and demands of performance sport.

Desirable

1. Must be at least three (3) years qualified and registered as a HCPC physiotherapist.
2. Extensive demonstratable experience of working within a performance sport environment.

NB. If the candidate meets both desirable criteria they will enter at a Grade 6.

Welsh skill requirements
Welsh is essential to our students and staff and is a key part of our provision and services. For every position at Cardiff Met, proficiency in Welsh language is either essential or desirable. You can find information about the levels by viewing our booklet: Welsh language skills levels. If a skill is listed as essential in the table below, please ensure you demonstrate this in your online application form.

Language level and general descriptor	Listening	Reading	Speaking	Writing
A1 – Beginner Can understand and use familiar everyday expressions and very basic phrases in Welsh.	Desirable	Desirable	Desirable	Desirable
A2 - Basic user Can deal with simple, straightforward information and communicate in basic Welsh.				
B1 - Intermediate user Can communicate, to a limited level, in Welsh about things that are familiar and/or work related.				
B2 - Upper intermediate user Can express myself in Welsh on a range of topics and understand most of a conversation with a native speaker.				
C1 - Fluent user Can communicate fluently in Welsh.				
C2 - Master user Can communicate fluently on complex and specialist matters in Welsh.				

Disclosure & Barring Service requirements

This post requires an enhanced DBS adult and child barred list check.

Supporting information

The University is a dynamic organisation and changes may be required from time to time. This job description and person specification is not intended to be exhaustive.

The University is committed to the highest ethical and professional standards of conduct. Therefore, all employees are expected to have due regard for the impact of their personal behaviour and conduct on the University, students, colleagues, business stakeholders and our community. Each employee must demonstrate adherence to our Code of Professional Conduct. In addition, all employees should have particular regard for their responsibilities under Cardiff Metropolitan University's policies and procedures.